

ПОЗВОНОЧНИК: ТРАВМА + ДЕГЕНЕРАТИВНЫЕ ИЗМЕНЕНИЯ

Й. Крамер

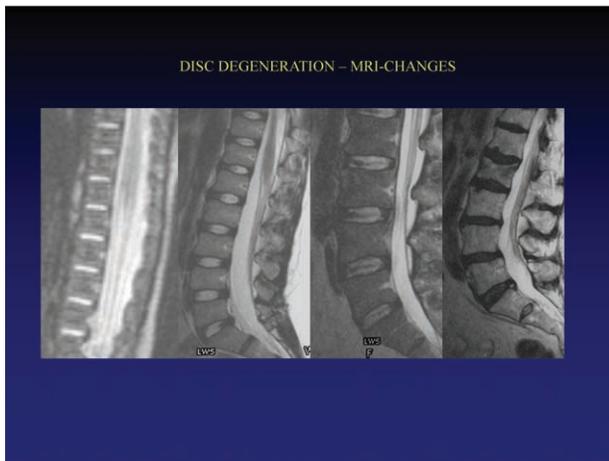
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SPINE: TRAUMA + DEGENERATION

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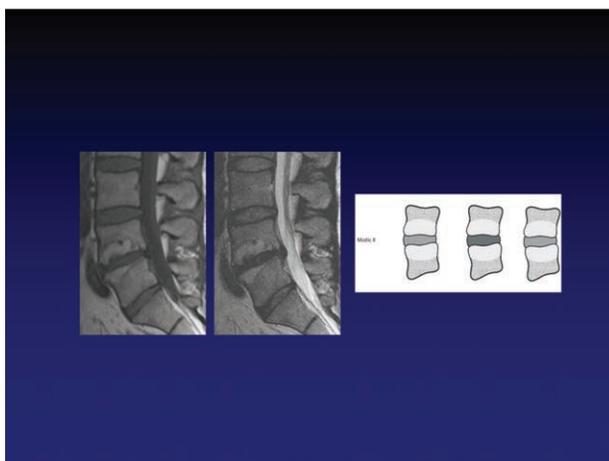
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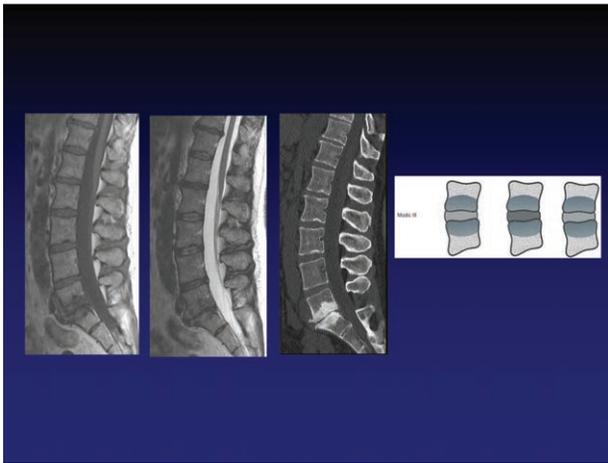


EROSIVE OSTEOCHONDROSIS

- VERTEBRAL MARROW EDEMA (band-like, hemispheric shape)
- END PLATE "IRREGULARITIES"
- DISC ENHANCEMENT (focal areas, linear bands)
- → LOW(HIGH?) DISC INTENSITY ON T2 !?
- → PRESERVED END PLATE "DIFFERENTIATION"
- → NO PARASPINOUS SOFT TISSUE INFLAMMATION

● DISTINCTION FROM EARLY INFECTIOUS SPONDYLITIS





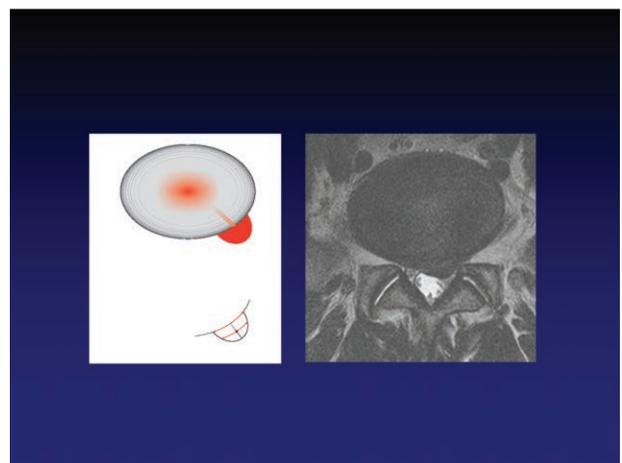
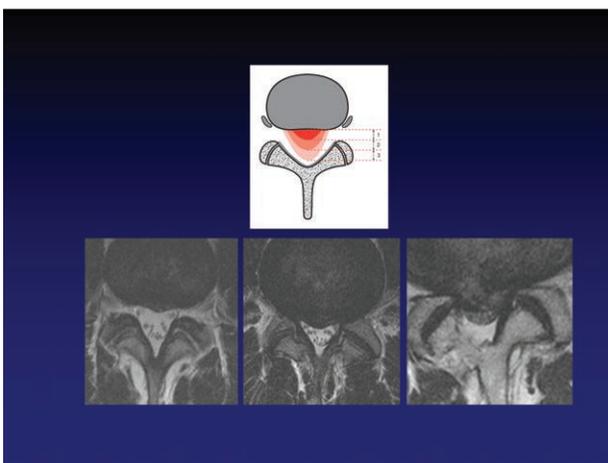
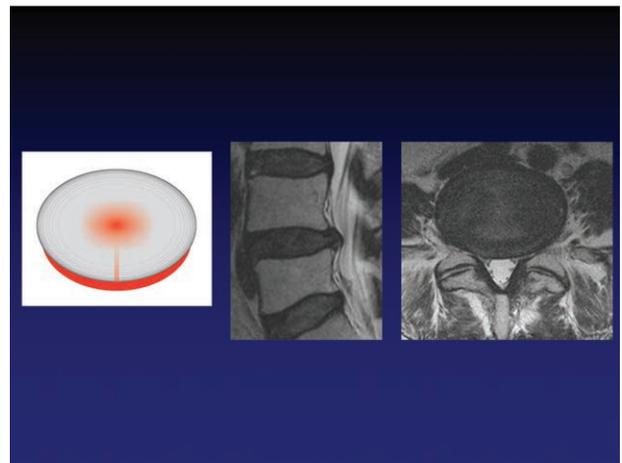
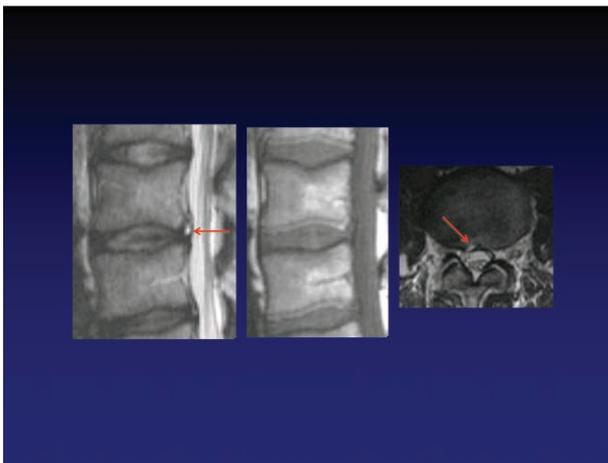
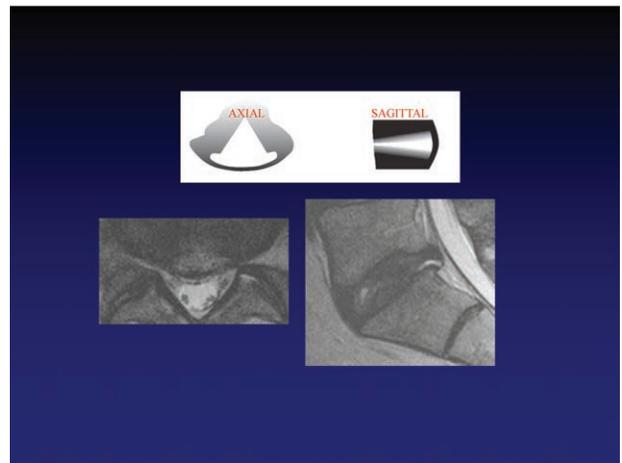
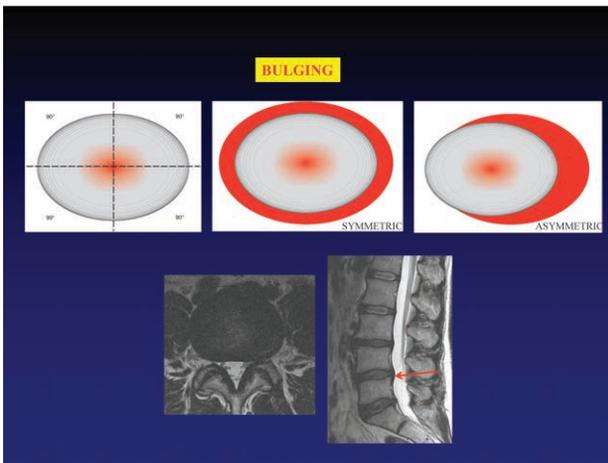
SPINAL STENOSIS

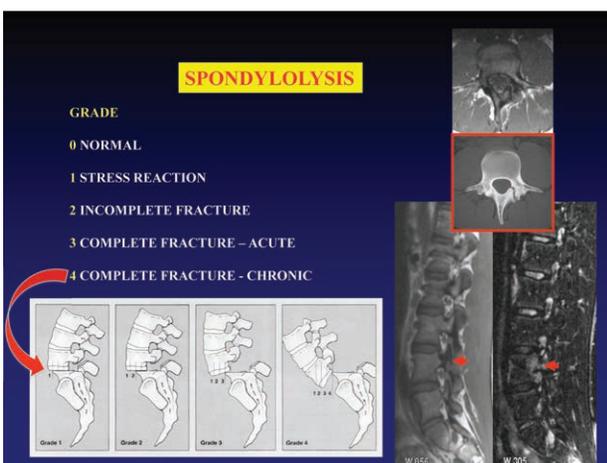
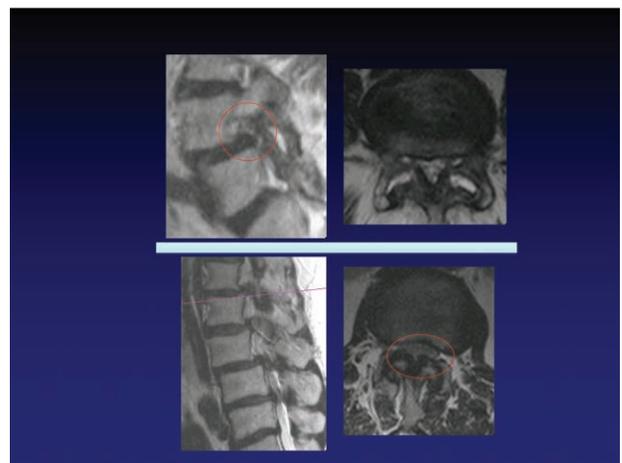
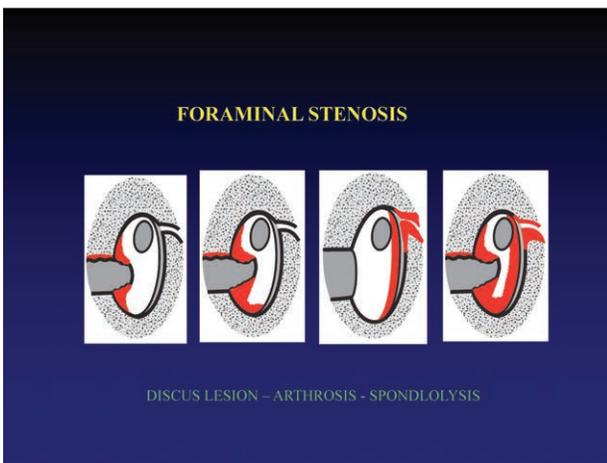
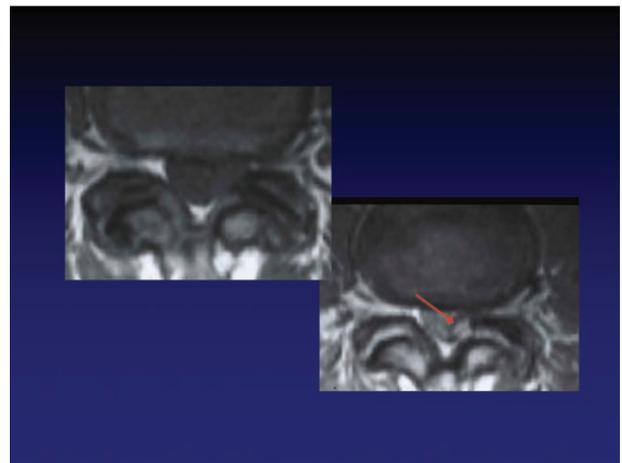
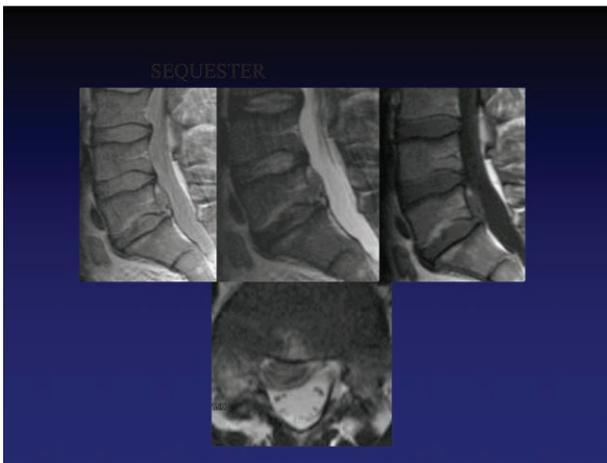
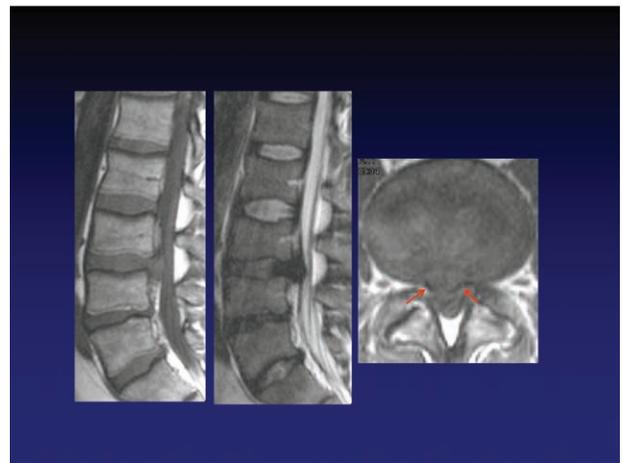
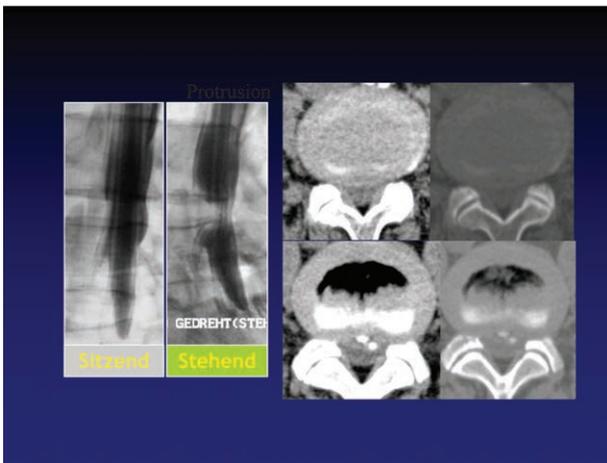
SPACE TOO SMALL
(for normal function of neural structures)

CAUSES

- CONGENITAL
- DEGENERATION
 - DISC DISEASE
 - LIGG. THICKENING
 - OSTEO-SPONDYLOPHYTES
 - FACET JOINT CYST
- SPONDYLOLISTHESIS
 - SPONDYLARTHROSIS
- IATROGEN (POST SURGERY)

This block is a slide about spinal stenosis. It features a yellow header with the text 'SPINAL STENOSIS'. Below it, the text reads 'SPACE TOO SMALL (for normal function of neural structures)'. Under the heading 'CAUSES', there are four categories: 'CONGENITAL', 'DEGENERATION' (with sub-points: 'DISC DISEASE', 'LIGG. THICKENING', 'OSTEO-SPONDYLOPHYTES', 'FACET JOINT CYST'), 'SPONDYLOLISTHESIS' (with sub-point: 'SPONDYLARTHROSIS'), and 'IATROGEN (POST SURGERY)'. To the right are several diagrams showing cross-sections of the spine with red arrows and labels indicating areas of narrowing in the spinal canal and disc space.



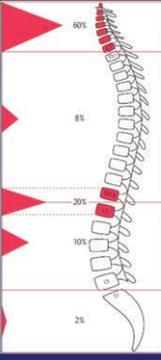


TRAUMATIC LESIONS

- ▶ MEN : WOMEN = 3 : 1

FREQUENT CAUSES
 MVA 47%
 SPORTS INJURIES 24 %

- I) YOUNG PEOPLE (16 – 25 YRS)
HIGH ENERGY ACCIDENTS
- II) MIDDLE AGED (+)
SPINAL CANAL STENOSIS (SPONDYLOSIS)
- III) DIRECT TRAUMA
e.g. GUNSHOT WOUND



QUESTIONS TO RADIOLOGISTS -ANSWERED BY MRI ??

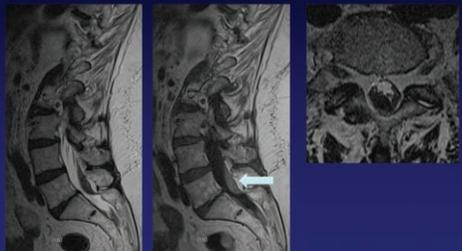
- ▶ **NEUROLOGICAL FUNCTION**
MYELON
NERVE ROOTS
- ▶ **BIOMECHANICAL INTEGRITY**
BONY STRUCTURES
SOFT TISSUE ELEMENTS
DISCUS
LIGAMENTS
- ▶ **BONE MARROW EDEMA**

AIM OF TREATMENT
 OPTIMAL NEUROLOGICAL FUNCTION TOGETHER WITH
 MINIMAL (LOWEST) BIOMECHANICAL INSTABILITY !!

CONTUSION



EPIDURAL HEMORRHAGE (POSTTRAUMATIC COMPLICATION)



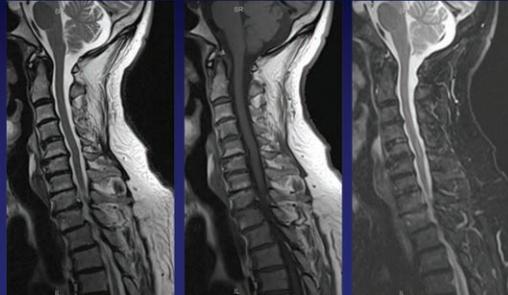
TRANSECTION OF THE MYELON



(MRI-) PROGNOSTIC FACTORS

QUALITY	QUANTITY
<ul style="list-style-type: none"> ● INTRAMEDULLARY BLEEDING ● EDEMA OF MYELON (SWELLING) ● FOCAL VOLUME INCREASE ● SOFT TISSUE INJURIES ● DISCUS HERNIATION ● SPINAL STENOSIS PRIOR TO INJURY 	<ul style="list-style-type: none"> ● COMPRESSION OF MYELON ● CONSTRICTION OF SPINAL CANAL ● CRANIOCAUDAL EXTENTION OF INJURY

POSTTRAUMATIC MYELOPATHY (PRE-EXISTING STENOSIS OF SPINAL CANAL)



THREE-COLUMN SPINE (INJURY) CLASSIFICATION THORACO-LUMBAR REGION

Dennis 1984

- ▶ **ANTERIOR COLUMN**
 ANTERIOR TWO THIRDS OF THE ANNULUS FIBROSUS
 ANTERIOR TWO THIRDS OF THE VERTEBRAL BODY
 ANTERIOR LONGITUDINAL LIGAMENT
- ▶ **MIDDLE COLUMN**
 POSTERIOR LONGITUDINAL LIGAMENT
 POSTERIOR THIRD OF THE ANNULUS FIBROSUS
 POSTERIOR THIRD OF THE VERTEBRAL BODY
- ▶ **POSTERIOR COLUMN**
 POSTERIOR LIGAMENT COMPLEX
 SUPRASPINOUS LIGAMENT
 INFRASPINOUS LIGAMENT
 CAPSULE OF THE INTERVERTEBRAL JOINTS
 LIGAMENTUM FLAVUM
 POSTERIOR PORTION OF THE NEURAL ARCH

● 1C – STABLE
● 2C – MAYBE STABLE
● 3C – UNSTABLE

THREE-COLUMN SPINE (INJURY) CLASSIFICATION THORACO-LUMBAR REGION

Denis 1984

A. Greenspan

- **COMPRESSION FRACTURE**
RESULTING USUALLY FROM ANTERIOR OR LATERAL FLEXION
FAILURE OF THE **ANTERIOR COLUMN** + COMPRESSION FORCES
MIDDLE COLUMN REMAINS INTACT
- **BURST FRACTURE**
SECONDARY TO AXIAL COMPRESSION FORCES OR A COMBINATION
OF AXIAL COMPRESSION WITH ROTATION OR ANT/LAT. FLEXION
FAILURE OF THE **ANT. + MIDDLE COLUMN**
- **CHANCE FRACTURE ("SEAT BELT INJURY")**
NAME DUE TO OCCURRENCE IN AUTOMOBILE ACCIDENTS
(WEARING ONLY ONE LAP SEAT BELT)
ACUTE FORWARD FLEXION LEADS TO COMPRESSION OF
ANTERIOR COLUMN WITH DISTRACTION OF **MIDDLE AND
POSTERIOR COLUMNS**

AO (Magerl) CLASSIFICATION THORACO-LUMBAR SPINE

TYP A		COMPRESSION FX BURST FRACTURE
TYP B		HORIZONTAL DISTRACTION OF ANT. and/or POSTERIOR COLUMN
TYP C		ROTATIONAL FRACTURE "UNSTABLE"

RIEGER 2006

PROGNOSIS: A1 vs A2 FRACTURE

A1: ENDPLATE / WEDGE Fx A2: SAGITTAL/ CORONAL Fx

6 MONTHS LATER

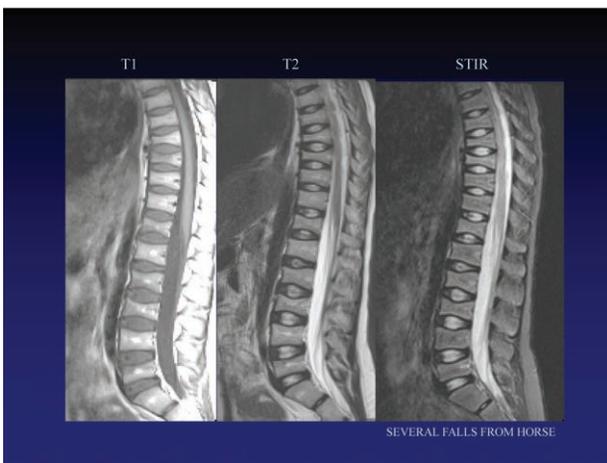
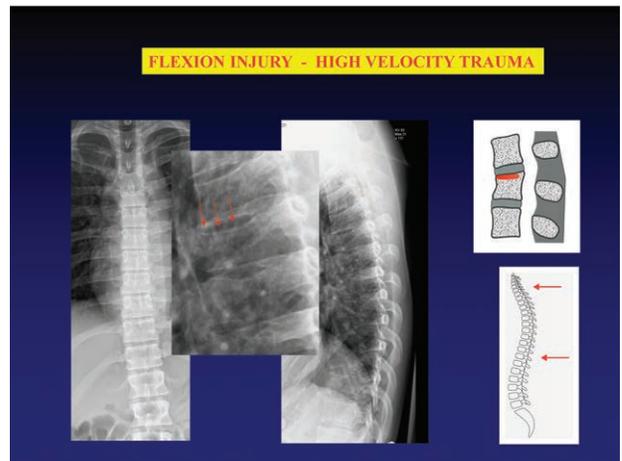
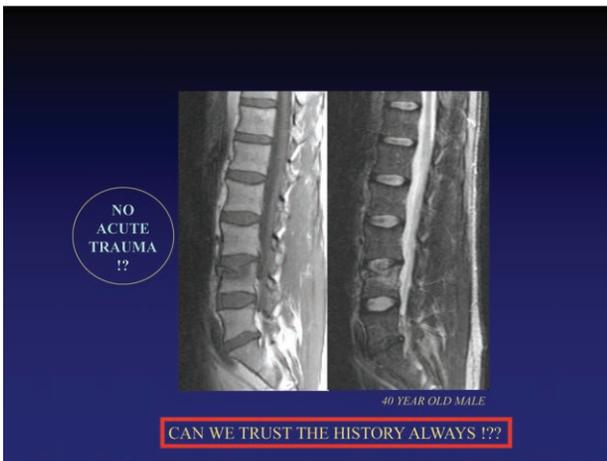
BURST FRACTURE - SPINAL CANAL STENOSIS

BURST FRACTURE - NEUROLOGIC SYMPTOMS !?

CT BETTER FOR EVALUATION OF
DISPLACED (SMALL) BONY STRUCTURES

FLEXION - DISTRACTION FRACTURE: CHANCE Fx

THOACOLUMBAR REGION MOST FREQUENTLY INVOLVED
" SANDWICH SIGN "



IMPORTANT !!

EXACT DESCRIPTION
 BONY/NEURAL STRUCTURES
 SPINAL CANAL
 FORAMINAL NARROWING
 LIGAMENTS – SOFT TISSUES
 INTEGRITY / STABILITY

↓

CLASSIFICATION !??

- TAKE HOME POINTS**
- SIGNAL INTENSITY OF BONE MARROW
 - SHAPE OF VERTEBRAL BODY
 - PARAVERTEBRAL SOFT TISSUES
 - POSTERIOR ELEMENTS
 - DISCUS + LIGAMENTS
 - PATIENT'S HISTORY